

DISCHARGE SUMMARY

PATIENT NAME: BABY OF NISHU KASHYAP	AGE: 9 MONTHS & 23 DAYS, SEX: F
REGN: NO: 13214715	IPD NO: 69786/25/1201
DATE OF ADMISSION: 05/04/2025	DATE OF DISCHARGE: 19/04/2025
CONSULTANT: DR. K. S. IYER / DR. NEERAJ AWASTHY	

DISCHARGE DIAGNOSIS

- Complex Cyanotic Congenital Heart Disease with decreased pulmonary blood flow
- d-Transposition of great arteries
- Large subaortic ventricular septal defect
- Severe Pulmonary stenosis (subvalvar, valvar and supra-valvar) with protrusion of accessory tricuspid valve tissue in Left ventricular outflow tract
- Fossa ovalis atrial septal defect + (S/P Balloon atrial septostomy using Fogarty catheter(5F) f/b balloon dilation using Tyshak balloon 9 mmx 2 cm – 21/06/2024 at Fortis Escorts Heart Institute, New Delhi)
- Small Patent ductus arteriosus
- Coronaries 1LCx, 2R

OPERATIVE PROCEDURE

REV Procedure (Routing of left ventricle to aorta through ventricular septal defect with Dacron patch + Main pulmonary artery translocation to the right ventricle + The monocusp valve construction with Glutaraldehyde treated autologous pericardial patch) + Patent ductus arteriosus ligation + division + Direct closure of atrial septal defect done on 09/04/2025

Re-exploration for significant hemorrhagic drain output on 0 POD. On re-exploration there was bleeding from pulmonary artery – Right ventricular outflow tract anastomotic site, which was controlled with suture repair. Hemostasis achieved. Hemodynamically stable

Right ventricular outflow tract took hears size N 10.

Minimal enteral feeds were started on 2nd POD and cautiously and gradually advanced to full feeds by 6th POD. Oral feeds were started on 8th POD.

On 8th POD, she had one episode of vomiting which was managed symptomatically.

CONDITION AT DISCHARGE

Her general condition at the time of discharge was satisfactory. Incision line healed by primary union. No sternal instability. HR 136/min, normal sinus rhythm. Chest x-ray revealed bilateral clear lung fields. Saturation in air is 100%. **Her predischarge x-ray done on 17/04/2025**

In view of congenital heart disease in this patient her mother is advised to undergo fetal echo at 18 weeks of gestation in future planned pregnancies.

Other siblings are advised detailed cardiology review.

PLAN FOR CONTINUED CARE:

DIET : Semisolids as advised

Normal vaccination (After 6 weeks from date of surgery)

ACTIVITY: Symptoms limited.

FOLLOW UP:

Long term cardiology follow- up in view of:-

1. **REV Procedure**
2. Small residual shunt (left to right shunt)
3. Moderate pulmonary regurgitation

Review on 21/04/2025 in 5th floor at 09:30 AM for wound review

Repeat Echo after 6 - 9 months after telephonic appointment

PROPHYLAXIS :

Infective endocarditis prophylaxis prior to any invasive procedure

MEDICATION:

1. Syp. Paracetamol 90 mg PO 6 hourly x one week
 2. Tab. Pantoprazole 5 mg PO twice daily x one week
 3. Tab. Fluconazole 40 mg PO once daily x one week
 4. Syp. Lasix 5 mg PO twice daily till next review
 5. Tab. Aldactone 3.125 mg PO twice daily till next review
 6. Syp. Shelcal 2.5 ml PO twice daily x 3 months
 7. Tab. Thyroxine 12.5mcg PO once daily x 3 months and then repeat Thyroid function test (Empty Stomach)
 8. Nasoclear nasal drop 2 drop both nostril 4th hrly
 9. Nebulization with normal saline 4th hrly
- All medications will be continued till next review except the medicines against which particular advice has been given.

Review at FEHI, New Delhi after 6 – 9 months after telephonic appointment
In between Ongoing review with Pediatrician

Sutures to be removed on 23/04/2025; Till then wash below waist with free flowing water

4th hrly temperature charting - Bring own your thermometer

- Frequent hand washing every 2 hours
- Daily bath after suture removal with soap and water from 24/04/2025

Telephonic review with Dr. Parvathi Iyer (Mob. No. 9810640050) / Dr. K. S. IYER (Mob No. 9810025815) if any problems like fever, poor feeding, fast breathing



(DR. KEERTHI AKKALA)
(ASSOCIATE CONSULTANT
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(DR. K.S. IYER)
(CHAIRMAN
PEDIATRIC & CONGENITAL HEART SURGERY)

Please confirm your appointment from (Direct 011-47134540, 47134541, 47134500/47134536)

- Poonam Chawla Mob. No. 9891188872
- Treesa Abraham Mob. No. 9818158272
- Gulshan Sharma Mob. No. 9910844814
- To take appointment between 09:30 AM - 01:30 PM in the afternoon on working days

OPD DAYS: MONDAY – FRIDAY 09:00 A.M

In case of fever, wound discharge, breathing difficulty, chest pain, bleeding from any site call
47134500/47134536/47134534/47134533

Patient is advised to come for review with the discharge summary. Patient is also advised to visit the referring doctor with the discharge summary.